

# Family Program

Hina Mauka's Family Education & Counseling Program is offered to family and friends of persons addicted to alcohol and other drugs. Program objectives are to provide information about addictions and their affect upon the family, as well as other relationships. Participants focus on communication skills and ways to intervene with a family member.

## Locations



HINAMAUKA

### KANEOHE

Mondays 6:00 PM - 7:30 PM  
Thursdays 7:00 PM - 8:30 PM  
45-845 Po'okela Street  
Kaneohe, HI 96744  
Call 236-2600 for more information.

### WAIPAHU

Thursdays 7:30 PM - 8:30 PM  
94-216 Farrington Highway B2-306  
Waipahu, HI 96797  
Call Clair Bradley @ 671-6900 ext. 26

### AINA HAINA

Tuesdays 6:00 PM - 7:30 PM  
Church of the Holy Nativity, Glantz Hall  
5286 Kalaniana'ole Highway  
Honolulu, HI 96821  
Call 447-5227 for more information.

### KAUAI

Tuesdays 6:00 PM - 7:30 PM  
2970 Haleko Road #103  
Lihue, HI 96766  
Call 245-8883 for more information.

### MAUI

Wednesdays 6:00 PM—7:30 PM  
1276 Lower Main Street, Suite A1  
Wailuku, HI 96793  
Call 242-9733 for more information.

Alcoholism and drug addiction are diseases, which destroy not only individuals, but also entire families. Hina Mauka has established the Family Program to help friends and family members retrieve their own lives from the feelings of confusion, frustration, isolation and shame associated with having a family member who is damaging not only their lives but also the lives of everybody who is close to them.

Our Family Program classes are open to anyone who has an addicted family member or close friend, whether they are in recovery or not, and whether they are enrolled in a Hina Mauka program or not. The program is facilitated by a State certified substance abuse counselor or a Master's level counselor.

The dynamics of family interaction are discussed in a safe and supportive atmosphere. This helps family members to understand appropriate ways to deal, not only with addiction, but also with the changes that are brought on by the process of recovery.

The family may be powerless over the disease, but we can help them learn to make appropriate choices in re-establishing a healthier home environment for themselves and their loved ones. We can also help them to encourage the user to make choices that will benefit them all.

You don't have to go it alone.

The family program meets once a week. A \$10 donation per session is suggested.